

Hello! If you are self-isolating, I can help...

My name is _____

I can help here (location) _____

My phone number is _____

I can help with things like picking up shopping or even just a friendly phone call.

Give me a call or send me a text and I'll do my best to help you.

COVID-19 is contagious, so please take every precaution to ensure you are sharing only kindness. Avoid physical contact, wash your hands regularly and leave items on your doorstep.

Hello! If you are self-isolating, I can help...

My name is _____

I can help here (location) _____

My phone number is _____

I can help with things like picking up shopping or even just a friendly phone call.

Give me a call or send me a text and I'll do my best to help you.

COVID-19 is contagious, so please take every precaution to ensure you are sharing only kindness. Avoid physical contact, wash your hands regularly and leave items on your doorstep.

Hello! If you are self-isolating, I can help...

My name is _____

I can help here (location) _____

My phone number is _____

I can help with things like picking up shopping or even just a friendly phone call.

Give me a call or send me a text and I'll do my best to help you.

COVID-19 is contagious, so please take every precaution to ensure you are sharing only kindness. Avoid physical contact, wash your hands regularly and leave items on your doorstep.

Hello! If you are self-isolating, I can help...

My name is _____

I can help here (location) _____

My phone number is _____

I can help with things like picking up shopping or even just a friendly phone call.

Give me a call or send me a text and I'll do my best to help you.

COVID-19 is contagious, so please take every precaution to ensure you are sharing only kindness. Avoid physical contact, wash your hands regularly and leave items on your doorstep.