

JUNE 2023

# NEWSLETTER



## OUTSTANDING DARLING RANGE VOLUNTEERS

Praising the Outstanding Work by Darling Range Hub Volunteers.

Volunteering is a selfless act that has the power to transform communities, and in the Darling Range Hub, this spirit of giving back shines brightly through the dedicated efforts of its volunteers.

Feature article continued page 5-7.

- Yvonne Fletcher

**Darling Range Hub Coordinator**

**Mob 0492 807 603**

**Email [hello@drseniorshub.com.au](mailto:hello@drseniorshub.com.au)**

**DARLING RANGE  
HUB MEMBERSHIP  
FORMS ON LAST  
PAGE**





# IN THIS ISSUE

IN THIS ISSUE	Page
From The Desk of The President.....	4
Feature Article .....	5,6 & 7
June Artist of the Month .....	8
Volunteers of the month	
Cathy & Nat Audino .....	9

**IT**  
*always*  
**SEEMS —**  
**IMPOSSIBLE**  
*until IT'S*  
**DONE!**



Bus Trip  
Carpet Bowls  
Chair Yoga  
Board Games, Puzzles, Scrabble Group, and BYO crafts  
CommuniTEA Matters morning Quiz with Peter  
CommuniTEA Matter's  
Morning Music at KPAC  
Community Organisations Network  
Book Club  
E-Bike Riders and more!

*Happy Birthday*

**Jose Digweed**  
**Frances Docherty**  
**Leon English**  
**Iris Jones**  
**John Milton**  
**June Mullins**  
**Peter Stuart**  
**Stan Majewski**

To everyone celebrating a  
birthday in June  
We wish you a very happy  
birthday

**WHAT'S  
COMING UP  
IN  
JUNE**

# Platinum Sponsor



Would you like to become a Platinum Sponsor?  
Platinum Sponsors assist The Darling Range Hub  
in creating on going resources for the community.

In return you'll appear regularly  
in our newsletter and socials.

To find out more please contact Yvonne  
Darling Range Hub  
via  
0492 807 603 or email [hello@drseniorshub.com.au](mailto:hello@drseniorshub.com.au)



Our many thanks to our sponsors



Thank you to our

Platinum Sponsor

Connecting Seniors to Their Community  
Darling Range Hub  
[www.drseniorshub.com.au](http://www.drseniorshub.com.au)



## FROM THE PRESIDENT'S DESK

Greetings from the Presidents desk,

As the wetter cooler weather sets in it is important to remember to continue to get out and about. Personal connections are a major contribution to our health and well being.

There are many activities to get you involved in the Hub.

At Jack Healey Centre Monday from 1-3 pm carpet bowls, Tuesday 9-10 am chair yoga followed by morning tea. Wednesday sees CommuniTEA Matters Morning Tea 9.30-11.30 am ( check out the guest speakers, quiz days etc in Yvonne's wonderful " what's on at the Hub this week".

Fridays are morning teas at Tom's Romancing the Stone Garden with music by Joe.

Then there are the bus trips, now twice monthly by demand (only Grace won at the Pinjarra Trots last month). There is access to KPAC's monthly morning music program, book club , theatre group and monthly pot luck lunches with Jean on the 1st Monday of the month. I am exhausted just thinking about it all.

This month included Volunteers week and we continue to recognise and be dependent upon our wonderful volunteers. We couldn't exist without you. Remember everyone's a volunteer, small acts of kindness can have a great impact on another person/ neighbour without you being aware.

Matthew Hughes and Lorna Harper recognised the value of the Hub by inviting 18 members for lunch at Parliament House on Thursday 25 th May. A special mention must be made of committee member Derek Winter who was presented with pin and a certificate for the Volunteer Service Award at Burswood on Swan This recognised 47 years of volunteering in the Kalamunda area. You are an inspiration Derek with your selfless giving and provide us with something to aspire too.

Looking forward to catching up with you in person soon.

Cheers Roly Ritchie - Darling Range Hub President



# Outstanding Darling Range Hub Volunteers

By Yvonne Fletcher

## Our thanks to each and everyone of you!

Today, we want to take a moment to recognize and celebrate the remarkable work done by these outstanding individuals, particularly highlighting the invaluable contributions of Derek Winter, who has selflessly devoted 47 years to the Kalamunda community.

Derek Winter is a true embodiment of the volunteer spirit. For nearly half a century, he has been a driving force behind numerous community initiatives, offering his time, skills, and unwavering dedication. From lending a helping hand at local events to providing support to those in need, Derek has become a cherished figure in Kalamunda, earning the respect and admiration of all who have had the pleasure of working alongside him.

To express our gratitude to the Darling Range Hub volunteers and acknowledge Derek's remarkable service, a delightful and fun-filled afternoon tea was organized. Volunteers gathered for an enjoyable session of carpet bowls, laughter filling the air as friendships were forged and strengthened. It was a joyous occasion where volunteers were

able to relax, bond, and revel in the collective accomplishments they had achieved.

Derek's exceptional commitment was also recognized on a larger scale during the 2023 WA Volunteer Service Awards. To honor his longstanding dedication, he was treated to a special morning tea at the picturesque Burswood on the Swan. Surrounded by fellow volunteers, Derek was celebrated for his outstanding achievements and his enduring impact on the Kalamunda community. It was a well-deserved moment of recognition for his decades of selfless service. Furthermore, the Darling Range Hub volunteers were also honored with a special lunch at Parliament House, generously provided by Matthew Hughes and Lorna Harper. This distinguished event not only acknowledged the exceptional contributions of the volunteers but also emphasized the importance of their work in shaping a vibrant and supportive community. The Darling Range Hub and its dedicated volunteers





# Outstanding Darling Range Hub Volunteers

are an inspiration to us all. Their collective efforts have brought about positive change, creating a more inclusive and compassionate society. Each and every volunteer plays a crucial role in building stronger community bonds and making a difference in the lives of those around them. We are delighted and immensely proud of the contributions made by these exceptional individuals. As we reflect on the outstanding work carried out by the Darling Range Hub volunteers, we are reminded of the power of kindness and the impact that one person can make. Derek Winter and his 47 years of voluntary service stand as a testament to the difference that an unwavering commitment to community can bring. Let us express our heartfelt appreciation to Derek and all the volunteers of the Darling Range Hub, for they are the true heart and soul of our community.

Furthermore, the Darling Range Hub volunteers were also honored with a special lunch at Parliament House, generously provided by Matthew Hughes MLA and Lorna Harper MLC. This distinguished event not only acknowledged the exceptional contributions of the volunteers but also emphasized the importance of their work in shaping a vibrant and supportive community. The Darling Range Hub and its dedicated volunteers are an inspiration to us all. Their collective efforts have brought about positive change, creating a more inclusive and compassionate society. Each and every volunteer plays a crucial role in building stronger community bonds and making a difference in the lives of those around them. We are delighted and immensely proud of the contributions made by these exceptional individuals. As we reflect on the outstanding work carried out by the Darling Range Hub volunteers, we are reminded of the power of kindness and the impact that one person can make. Derek Winter and his 47 years of voluntary service stand as a testament to the difference that an unwavering commitment to community can bring. Let us express our heartfelt appreciation to Derek and all the volunteers of the Darling Range Hub, for they are the true heart and soul of our community.



# Outstanding Darling Range Hub Volunteers





# Artist of the Month

# PETER GOODALL

**Cinematographer**

**by Yvonne Fletcher**

Peter Goodall, a talented cinematographer, developed a deep love for photography and film from an early age, influenced by his father's work as a projectionist in Kalgoorlie. Growing up in a family where film was a cherished part of their lives, Peter's connection to the art form was cemented when, as a baby, he was unwittingly caught up in a car theft that also involved the family's precious films. While his worried parents called the police, his father's concern for the films remained paramount. Thankfully, both the films and baby Peter were safely recovered, leaving an indelible impression on Peter and instilling in him a lifelong appreciation for the value of film and photography.

As Peter embarked on his creative journey, he honed his skills as a self-taught photographer and cinematographer. Alongside his father's influence, Peter's passion for the



environment was sparked by his friendship with Barry Oldfield, the founding member and long-serving President of Men of the Trees. This passion permeated Peter's work, and capturing the beauty of nature became one of his favorite genres.

Peter is visiting The Darling Range Hub as guest speaker at CommuniTEA Matters 9.30am Wed 28th June.

**If you are an artist (of any kind) or author we'd love to share your story**  
**Call or email Yvonne 0492 807 603 [hello@drsensorshub.com.au](mailto:hello@drsensorshub.com.au)**



**June**

◆◆ **VOLUNTEER** ◆◆



**OF THE MONTH**

**Cathy Audino**

\*\*\*\*\*

"I've been fortunate in life and volunteering gives me the opportunity to pay back to others and give a smile to someone"  
- Cathy Audino

**June**

◆◆ **VOLUNTEER** ◆◆



**OF THE MONTH**

**Nat Audino**

\*\*\*\*\*

"Nothing is achieved without enthusiasm! When you can do things to help it makes you and others feel good!"

- Nat Audino







# Join Josie for our new book club

**Change of time  
Each Thursday 10am  
The Foyer Jack Healey**



Come along!  
Please contact Yvonne  
Fletcher  
Darling Range Hub  
Coordinator in the office  
or  
phone 0492 807 603 or  
email  
[hello@drsensorshub.com.au](mailto:hello@drsensorshub.com.au)

Jack Healey Centre

# Board Games, Puzzles & BYO Crafts Afternoon



**Each Tuesday  
from 1.00pm  
Jack Healey  
Centre  
For details  
Phone Yvonne  
0492 807 603**





HAVE FUN WITH

# *Carpet Bowls*

**\$5  
MEMBERS  
ALL AGES  
WELCOME**



**\$5 Members**

**1.00 pm - 3.00 pm Each Monday**

**Bookings Essential**

**Jack Healey Center Kalamunda**

**Call Hub Coordinator Yvonne Fletcher 0492 807 603**





## WANTED GUEST SPEAKERS

We'd love for you to share your story, art or talent with us at one of our CommuniTEA Matters morning tea.

Please Call Yvonne 0492 807 603  
The Darling Range Hub





# Join Us for June Events



## Mondays

Jack Healey Center  
1pm  
Carpet Bowls

## Tuesdays

Jack Healey Centre  
9am  
Chair Yoga

10am  
Hello Coffee  
Lounge

1pm  
BYO craft,  
scrabble, board  
games & puzzles

## Wednesdays

Jack Healey Centre  
9.30am  
CommuniTEA  
Matters

## Thursdays

10am Book Club

## Fridays

Romancing the Stone  
Gardens

9.30am  
CommuniTEA Matters

Jack Healey Center  
9.30am  
Table of Wisdom

## Saturdays

Various Locations  
E-Bike Ride, please  
call Hermman:  
0403301429

## Once a Month Events

4th June SUNDAY 12.00pm Jack Healey Centre  
- Pot Luck Lunch - Call Jean to book 0467777162

7th June WEDNESDAY 10.00 am  
Kalamunda Performing Arts Centre  
- Morning Music  
Call Yvonne to book 0492 807 603

14th June Wednesday 9.30 am - Jack Healey  
Centre - CommuniTEA Matters Morning Quiz with  
Peter Stuart celebrating June birthdays

16th June Friday Bus Trip - SOLD OUT!

21st June Wednesday 9.30 am Jack Healey Centre  
- CommuniTEA Matters  
Priceline Talk

28th June Wednesday 9.30 am Jack Healey Centre  
- CommuniTEA Matters  
Guest Speaker Peter Goodall

2nd July SUNDAY 12.00pm Jack Healey Centre -  
Pot Luck Lunch - Call Jean to book 0467777162



# 2023-2024



## Membership Application Form

**BONUS**  
2 months free

Title:	Surname:	Given Name:
Date of birth:	Address:	
Home Phone:	Email:	
Mobile Phone:		
Known Medical Conditions:		
In Case of Emergency Contact Person	Surname:	Given Name:
Home Phone:	Mobile Phone:	
Relationship to you:		

NB please provide your in "case of emergency" contact person that we may contact them

### Membership Fees

Membership is paid annually at the end of each current financial year.

**Amount to Pay** (Please tick the box that applies to you. All rates include G.S.T.):

Full year rate	\$40.00	<input type="checkbox"/>
Community hero rate	\$80.00	<input type="checkbox"/>

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

To help ensure a successful and inclusive Hub experience please aid us by sharing some of your skills and passions.

### What Are the Requirements to become a Hub Member?

Joining the Hub is a commitment! When you become a Hub Member, you will –

- Uphold the Hub's values and mission.
- Nominate how you can contribute to Hub operations.
- Commit to the 'Ask a Member First' Policy.

### Office Use Only

Join Date: \_\_\_\_\_ Paid by: ☐ Cash ☐ Cheque ☐ Bank deposit\*

Account name: **The Darling Range Seniors Hub Inc**

BSB: **633 000**

Account number: **169 412 566**

Please post form to DRSH PO Box 194, Kalamunda 6076 **OR** email to [members@drsensorshub.com.au](mailto:members@drsensorshub.com.au)

\*If paying by bank transfer, please make sure your name is in the message part of the transfer.